
Mrs. Nettle Rhett, a Teacher in the Omaha View School, Com- mends Drs. Copeland & Shepard.

Teaching school is a tollsome and exacting employment. The work is far from healthful. The dust of the school-room and the physical and mental strain induce catarrhal troubles, headaches and nervous exhaustion. Quite a number of teachers are now being treated by Drs. Copeland & Shepard for these and kindred complaints. Among them is Mrs. Nettle Rhett of the Omaha View school, who briefly says:

"I went to Drs. Copeland & Shepard to get relief from a severe and persistent headache. The pain affected the frontal region--the eyes, temples and forehead. On top, also, there was pain, burning and a sense of pressure. I had also a very annoying catarrh, with the usual hawking and spitting to clear the nose and throat. My system was worn out and I was weak and nervous. I rested poorly at night. In fact, my nervous system seemed broken down and exhausted. I have received great benefit from Drs. Copeland & Shepard. My headaches are entirely gone; also the catarrhal trouble. I am steadily gaining strength and nervous force, and the treatment from these physicians has been highly beneficial to me in every way."

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